

CEDARS INTERNATIONAL SCHOOL OF ANGOLA

CISA NEWSLETTER

OCTOBER 2025 RECAP

ISSUE NO.20

TOP NEWS IN THIS ISSUE

October was a month filled with learning, creativity, and meaningful celebrations across all grade levels. From hands-on science projects and cultural explorations to our vibrant **October Food Festival**, where families shared cuisines, performances, and joyful moments together, the month showcased the strength of our community spirit. With important awareness days such as **Mental Health Month** and **Breast Cancer Awareness Day**, the spirit of unity, engagement, and togetherness shone brightly throughout the month, reminding us once again of the caring and vibrant CISA community we continue to build.



BREAST CANCER AWARENESS MONTH



KG1 MIRROR ACTIVITY: EXPLORING WHO I AM



GRADE 2 EXPLORING TASTE AND SMELL



GRADE 4 PRESENTING THE MUSCULAR SYSTEM



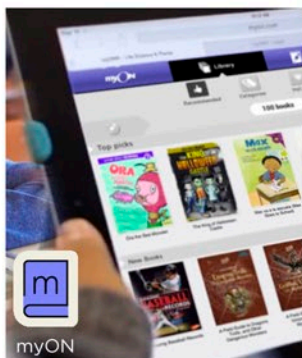
GRADE 5 EXPLORING THE DIVERSITY OF CULTURES



GRADE 10 INVESTIGATING THE HEATING CURVE OF WATER



CISA FOOD FESTIVAL 2025



DID YOU KNOW ?

CISA Students have Access to MyON Digital Library!
At CISA, our students enjoy access to MyON, a dynamic digital library offering over **13,000 books!**

MyON allows each student to explore reading at their own pace — with book selections personalized according to their interests, grade, and reading level.

It's a wonderful tool to nurture a lifelong love for reading and help our students grow as confident, curious learners.



DIRECTOR'S WORD

Dear CISA Community & People of Angola,

On this historic **50th Anniversary of Angola's Independence**, Cedars International School of Angola proudly joins the nation in celebrating five decades of courage, wisdom, and transformation. This golden jubilee marks the enduring vision and leadership of His Excellency, the **President of the Republic of Angola, João Manuel Gonçalves Lourenço**, whose commitment to democracy, freedom, and national development continues to shape a modern and forward-looking Angola.

Through the government's determined focus on infrastructure, industry, agriculture, and economic diversification, Angola is entering a new era of growth and global relevance. The strategic reforms and investments led by the nation's leadership have laid the foundation for a more sustainable, inclusive, and internationally connected economy, one that has captured the world's attention and confidence.

(Continued next page...)



Continuation of Director's word...

At the heart of this success stand you, the people of Angola, brave, kind, and resilient. You are the true wealth of this nation. Through every challenge, you have demonstrated unity, optimism, and the will to progress. Your perseverance continues to inspire all who believe in Angola's destiny.

At Cedars International School of Angola (CISA), we are proud to contribute to this national journey. As part of our educational mission, we are deeply committed to preparing the next generation of Angolan leaders to access international educational standards and to serve their country with knowledge, integrity, and innovation. We believe that education is not only the key to personal advancement but also the foundation for Angola's continued prosperity in all sectors.

As we celebrate this proud milestone, let us all renew our faith in Angola's bright future, a future of peace, progress, and opportunity for all. Happy Independence Day, Angola!

*May your flag continue to rise high as a symbol of unity, strength, and hope.
With great respect and admiration,*

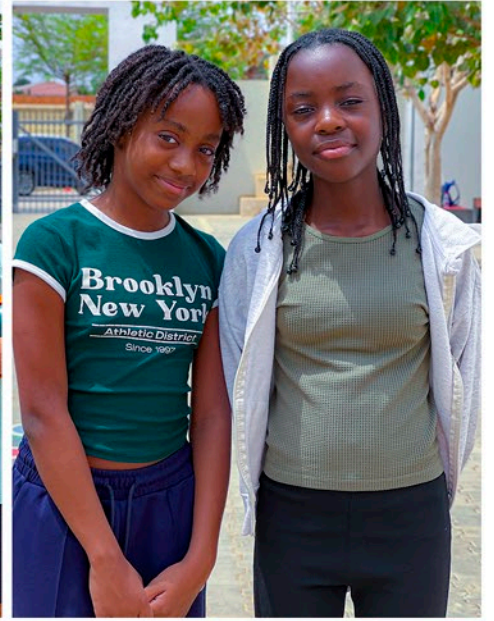
Warm regards,
Imad Taha
Head of School
Cedars International School of Angola (CISA)

CISA CELEBRATING WORLD MENTAL HEALTH DAY



On October 10, our CISA community came together **dressed in green to celebrate World Mental Health Day** as part of our **October Health Month activities**. The day was dedicated to **raising awareness about the importance of mental and emotional well-being**, helping students understand that **mental health is just as essential as physical health**. Throughout the day, students engaged in class discussions and reflective activities that encouraged them to express their feelings, support one another, and learn positive ways to cope with stress. It was a meaningful reminder that taking care of our minds and hearts helps us lead happier, healthier, and more balanced lives.











CAPOEIRA

ART

FOOTBALL

MUSIC

ROBOTIC

BALLET



Cedars International
School of Angola

EXTRACURRICULAR ACTIVITIES

Learning continues beyond the classroom!

At CISA, learning doesn't stop when classes end, it transforms into creativity, teamwork, and movement! Our extracurricular activities give students the chance to discover new talents and express themselves through 6 different activities that build confidence, passion, and lifelong skills, helping our students grow beyond the academics.

LIMITED PLACES!

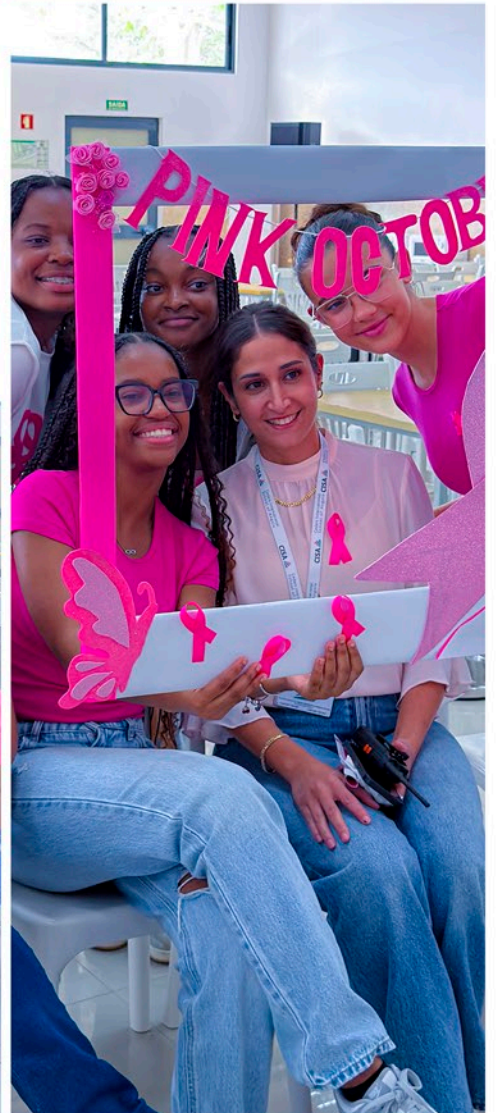
STARTING SECOND TRIMESTER

For more info: +244 923 700 900 | +244 959 700 900



BREAST CANCER AWARENESS MONTH

Our **Grade 12 students** took the initiative to organize a special day in honor of **Breast Cancer Awareness Month**, promoting compassion, unity, and health awareness across the school. They prepared an inspiring presentation to educate younger students, emphasizing the importance of early detection and self-care. From pink outfits to heartfelt messages, the CISA community came together to support this meaningful cause, with students from all grades joining in by dressing in **pink** to show solidarity and encouragement. The day was a powerful reminder of the impact of **awareness, empathy, and collective action in supporting the health and well-being of others**. It also inspired thoughtful conversations among students about how they can care for themselves and others in their everyday lives.





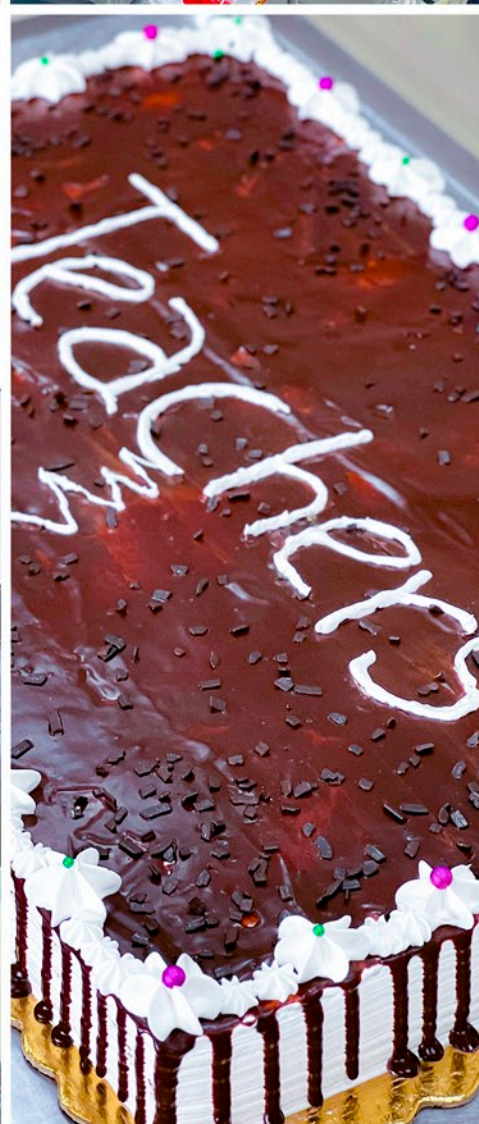


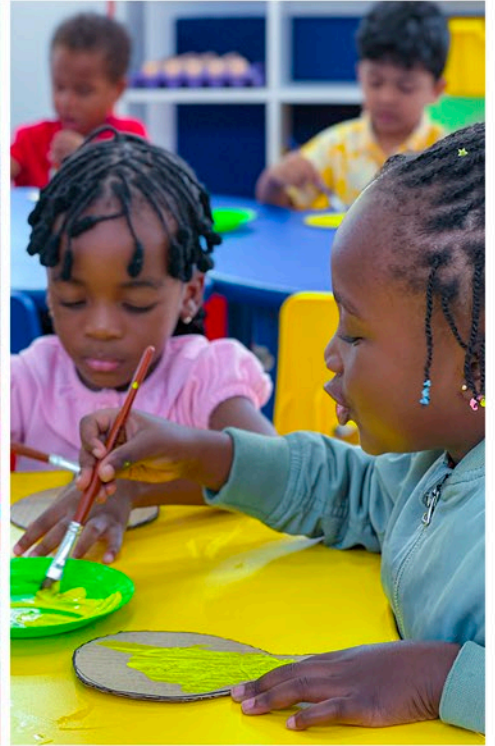


CELEBRATING TEACHERS DAY!

CISA celebrated **Teachers' Day** by bringing together all of CISA's dedicated educators for a heartfelt appreciation gathering. We expressed our gratitude for the teachers' vital role in shaping our community and guiding our learners every day. To honor their commitment and hard work, the school prepared a large celebratory cake, which everyone enjoyed together in a warm and joyful atmosphere. Teacher's day is about celebrating the dedication, passion, and commitment that teachers bring to shaping young minds and building brighter futures.

Your work makes a difference every single day, and we extend our heartfelt appreciation to all educators within our community and beyond.





KG1 MIRROR ACTIVITY: EXPLORING WHO I AM

As part of their Unit of Inquiry “Who We Are,” KG1 learners took part in a creative and reflective activity designed to help them **explore the concept of identity**. Using cardboard cut-outs shaped like mirrors, students covered the surfaces with aluminum foil and decorated the frames with sprinkles, stars, and colorful paint. This fun hands-on project **encouraged self-awareness** as learners looked at their reflections and thought about what makes them unique. Through this experience, they learned that everyone has special qualities that make them who they are and that these differences make our classroom community vibrant and special. The activity fostered **creativity, fine motor skill development, and confidence** as children proudly showcased their personalized mirrors.





KG1 – SUN RAYS COLLABORATIVE CRAFT

KG1 learners joined together to create a bright and cheerful Sun Rays craft, working in small groups to complete a large, shared artwork. Each child carefully cut along straight lines to form the sun's rays and attached them to a big central sun shape, contributing their piece to the collective creation. This joyful and collaborative activity **strengthened fine motor skills, improved scissor control, and enhanced hand-eye coordination.** Beyond creativity, it **encouraged teamwork and cooperation as learners worked side by side** to bring their sunny masterpiece to life. The project also helped reinforce the concept of straight lines in a fun and meaningful way, while nurturing patience and focus as students practiced precision and care in their work.





**CEDARS INTERNATIONAL
SCHOOL OF ANGOLA**

HAS TEAMED UP WITH
COLLEGEBOARD TO BECOME AN

OFFICIAL

SAT[®]

TEST CENTER

**STUDENTS CAN NOW
REGISTER FOR
ADMINISTRATIONS IN
THE SCHOOL YEAR
2025-2026**

DATES

MARCH 14, 2026

REGISTRATION DEADLINE: FEB 27, 2026

MAY 2, 2026

REGISTRATION DEADLINE: APRIL 17, 2026

JUNE 6, 2026

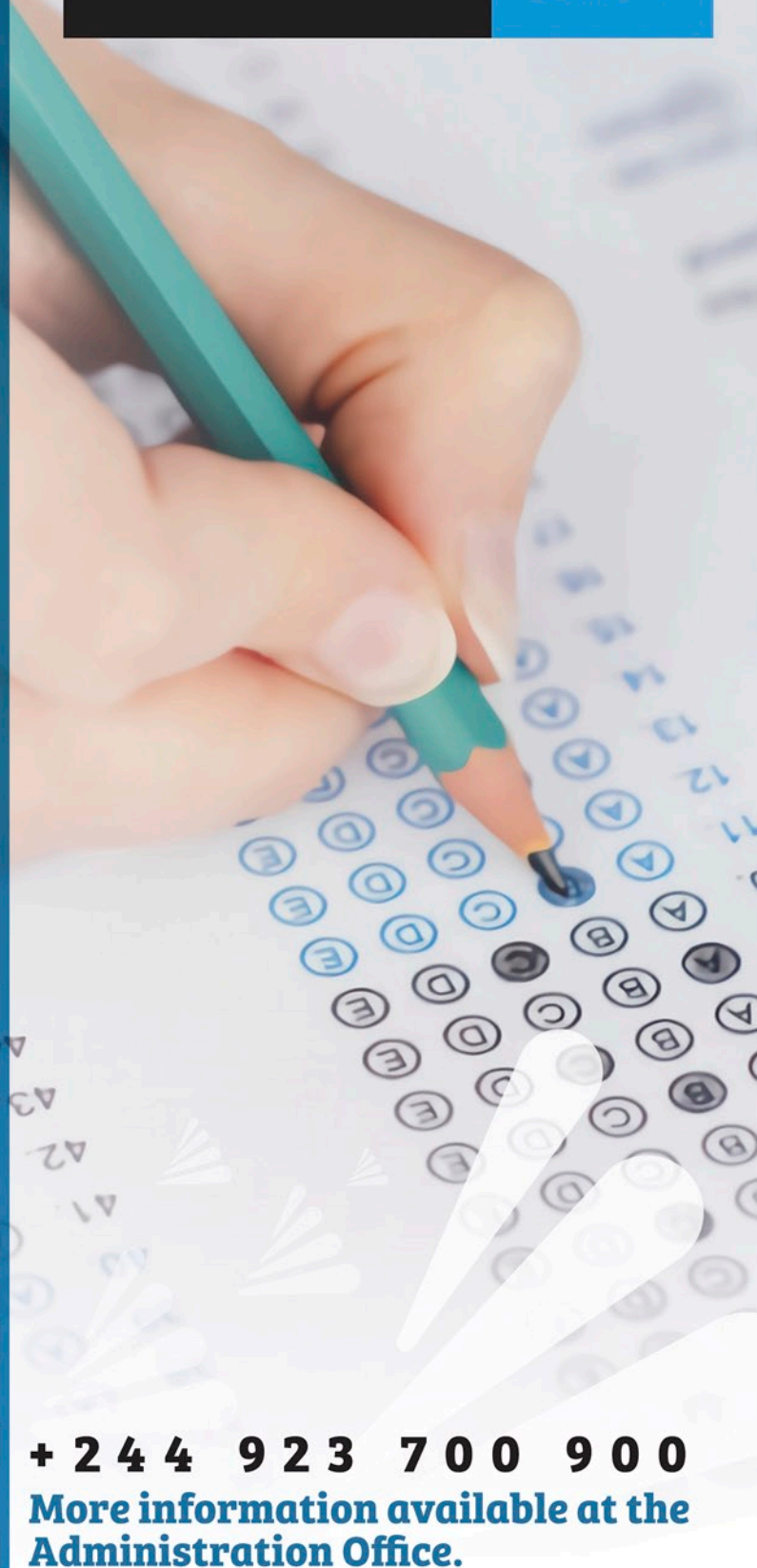
REGISTRATION DEADLINE: MAY 22, 2026

CISA 

Cedars International
School of Angola

 CollegeBoard

SAT[®]



+ 2 4 4 9 2 3 7 0 0 9 0 0

**More information available at the
Administration Office.**



GRADE 2 EXPLORING TASTE AND SMELL

As part of the disciplinary theme “Who We Are,” Grade 2 students explored the **senses of taste and smell** through engaging classroom stations. Blindfolded, they smelled a variety of scents and tasted different foods, trying to guess what they were experiencing. This hands-on activity **encouraged curiosity and observation** while helping learners understand the important role that taste and smell play in daily life. It also fostered discussion and reflection as students compared their guesses and perceptions with peers, deepening their appreciation for **how our senses shape our interactions with the world**. Through this exploration, students developed a greater awareness of their own preferences and the diversity of sensory experiences among their classmates.

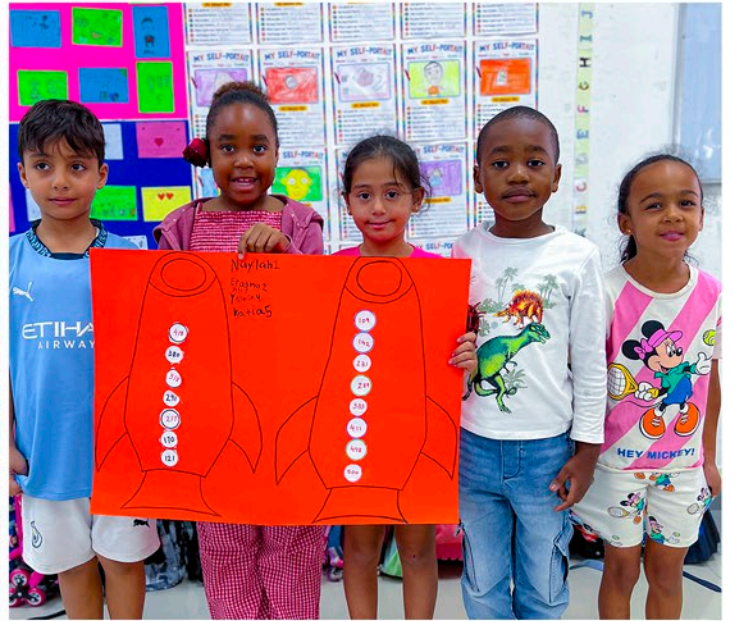
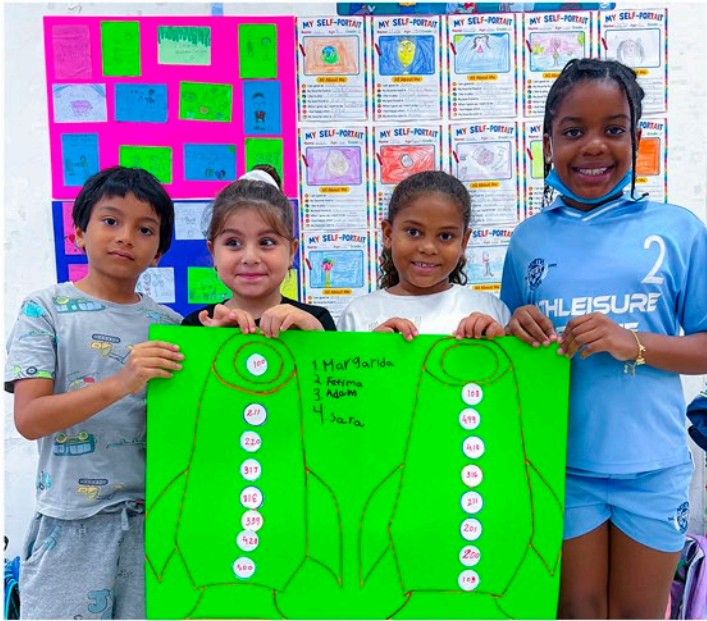


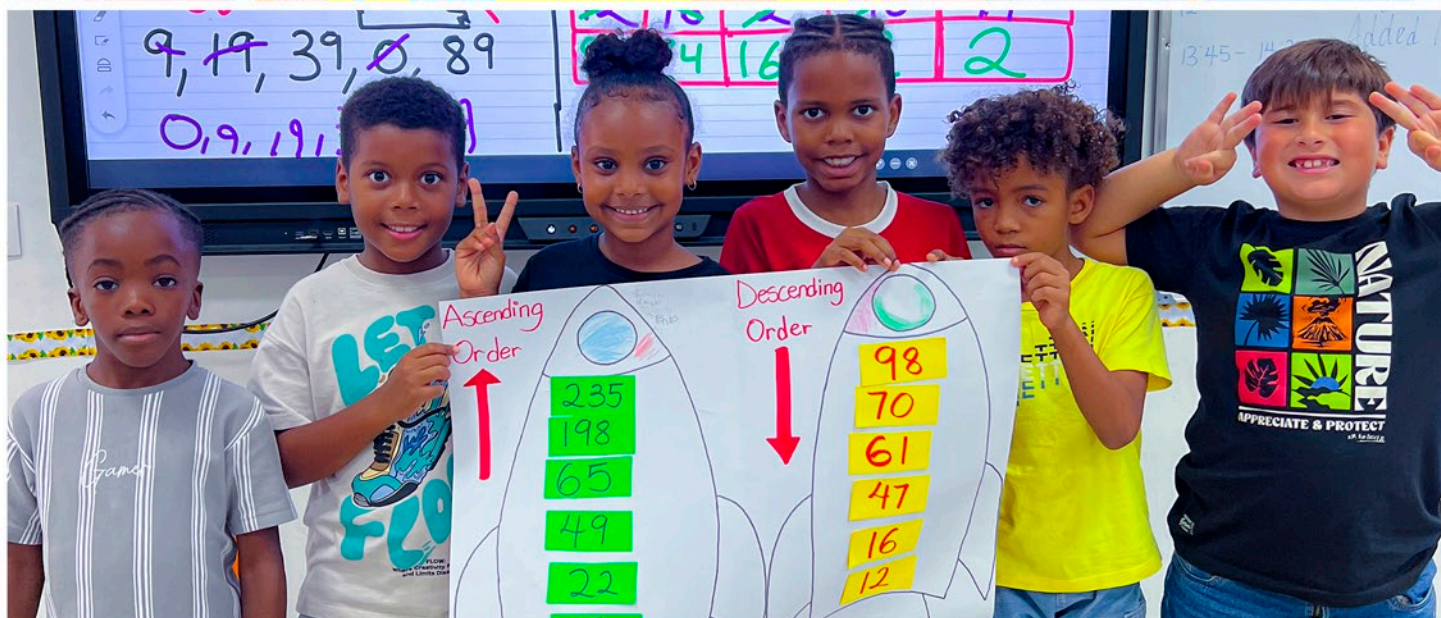


GRADE 2 ROCKET NUMBERS ACTIVITY

Grade 2A and B students took part in an exciting and interactive math activity called **Rocket Order Race**. Working in groups, they arranged numbered circles in the correct order — either from smallest to greatest or greatest to smallest — to form a colorful rocket trail. This engaging exercise allowed students to apply their understanding of number sequencing while sharpening their comparison and ordering skills. The activity also **encouraged teamwork, communication, and quick thinking** as groups collaborated to complete their rockets. Through this fun challenge, learners **strengthened their numerical fluency** while enjoying a dynamic, hands-on learning experience. It also fostered a sense of **friendly competition and excitement**, motivating students to focus and work efficiently with their peers.



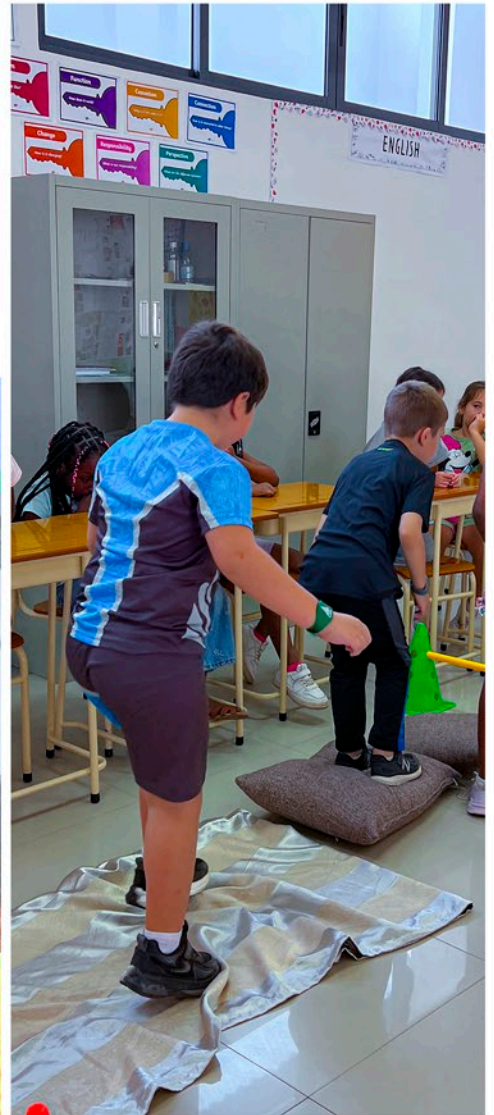






GRADE 2 SENSORY OBSTACLE COURSE

Grade 2A and 2B learners enthusiastically took part in a **Sensory Obstacle Course**, crawling on the floor to find hidden items placed around the classroom. They moved through various stations that **challenged them to use their senses of touch, sight, hearing, and balance** to complete each task. This engaging activity encouraged exploration and observation while helping students understand how different senses work together to guide movement and interaction with the environment. Through this playful experience, learners also **developed coordination, problem-solving skills, and an appreciation for the role of their senses** in navigating the world around them. The activity was not only educational but also lots of fun, keeping students active and fully engaged throughout.

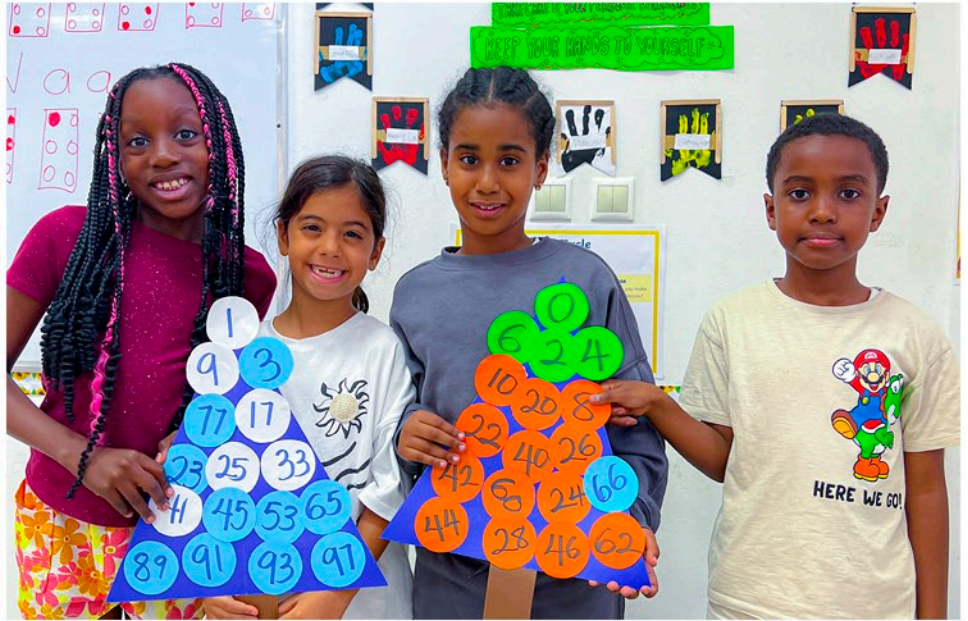




GRADE 2A CREATING NUMBER TREES

Grade 2A students worked collaboratively to create a colorful Number Tree as part of their math lesson. In groups, they glued mixed numbers onto the branches and categorized them into even and odd numbers. This interactive activity allowed learners to practice **identifying, comparing, and sorting numbers while reinforcing** their understanding of number patterns. Through teamwork and hands-on engagement, students not only **strengthened their mathematical reasoning but also developed communication and problem-solving skills**. The project combined **creativity with critical thinking**, making number learning both enjoyable and meaningful. By the end of the activity, students proudly displayed their completed trees, celebrating their collective effort and growing confidence in working with numbers.









GRADE 4 – BUILDING THE MUSCULAR SYSTEM (PREPARATION PHASE)

To begin their exploration of the human muscular system, Grade 4 A,B and C students participated in an **interactive anatomy session** where learning came to life through teamwork and creativity. Working in groups, they received cutout pieces representing major muscles of the human body, which they assembled like a puzzle to form anatomically accurate systems. Once complete, students glued their models onto poster papers and labeled each muscle, reinforcing their **understanding of structure and function**. The activity also prompted meaningful **discussions on maintaining muscular health** through exercise, proper nutrition, and adequate rest. This engaging preparation phase laid the foundation for their upcoming presentations and supported **SDG 3: Good Health and Well-Being** by emphasizing the importance of physical health awareness.

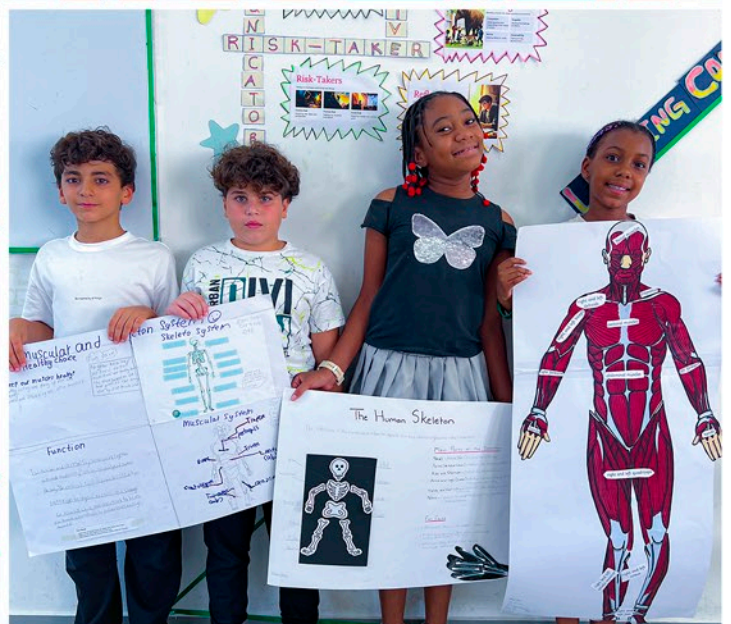
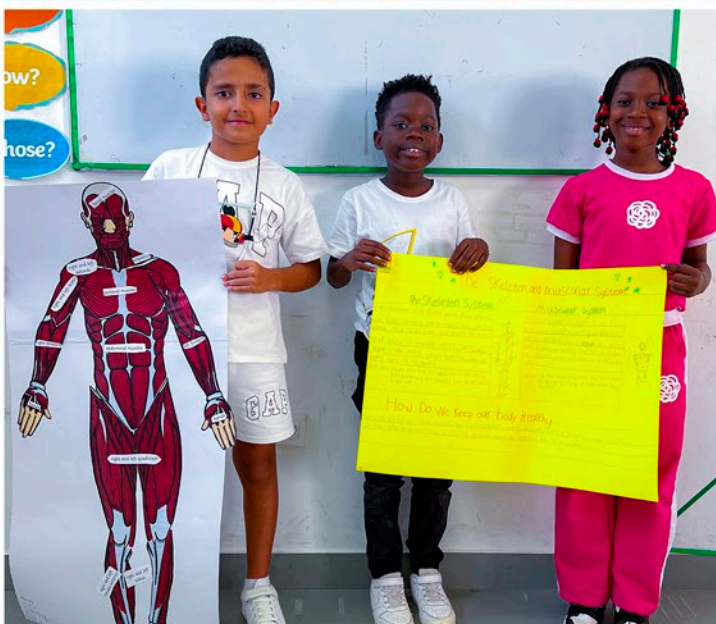


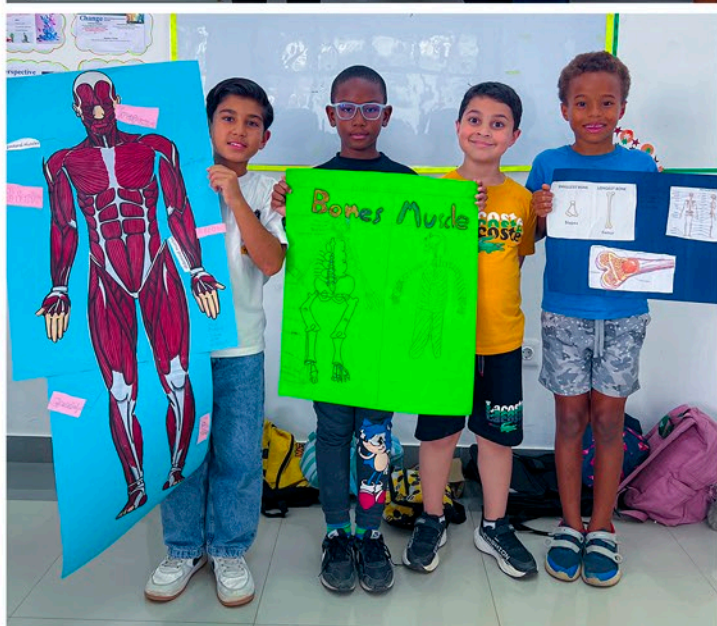
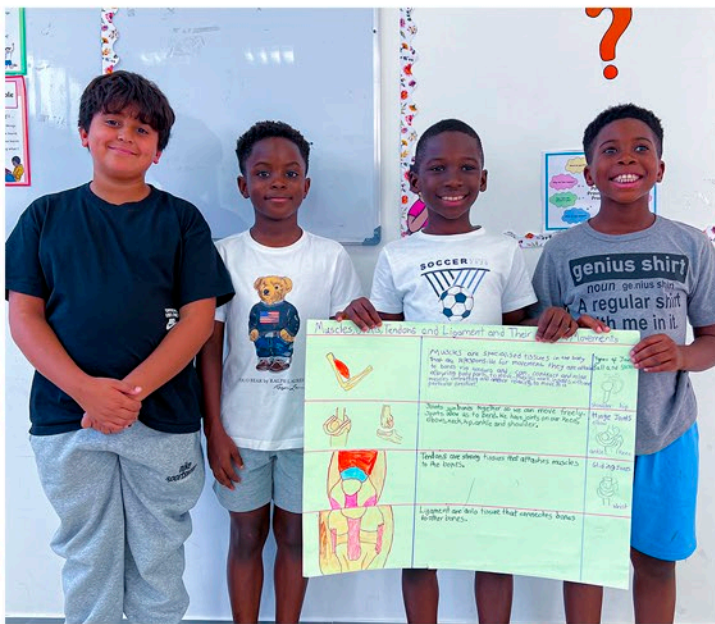
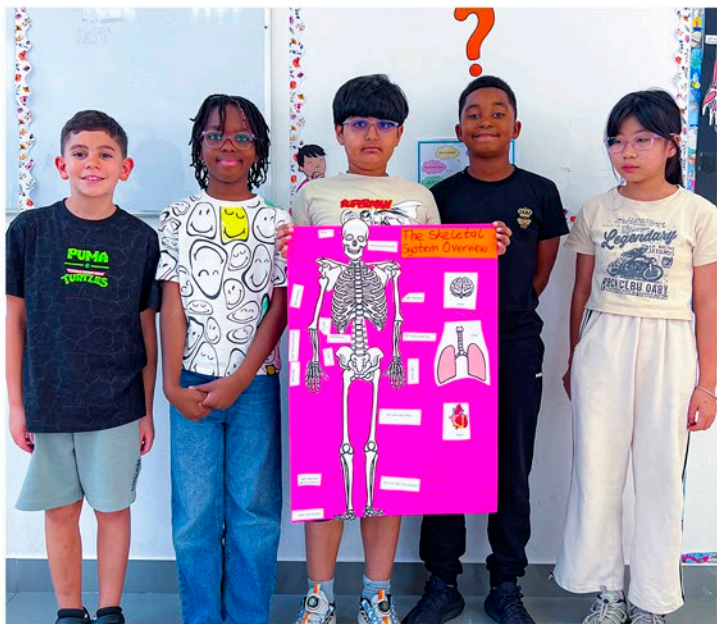


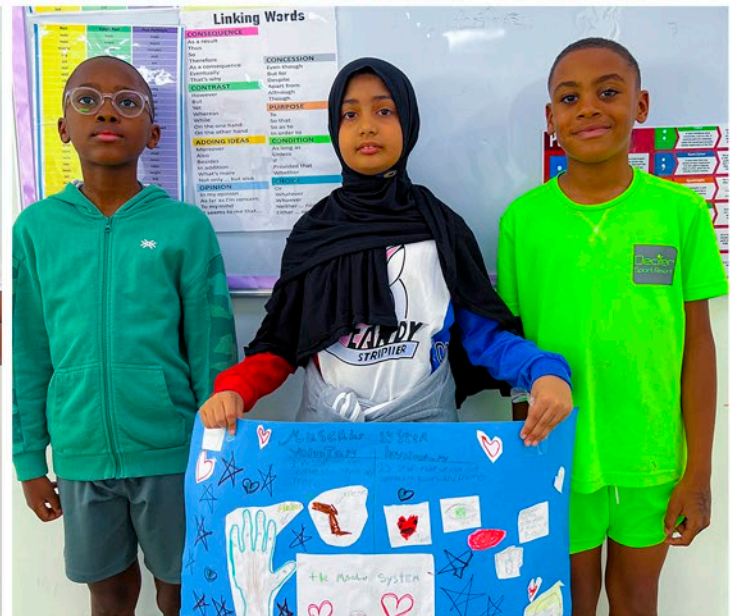
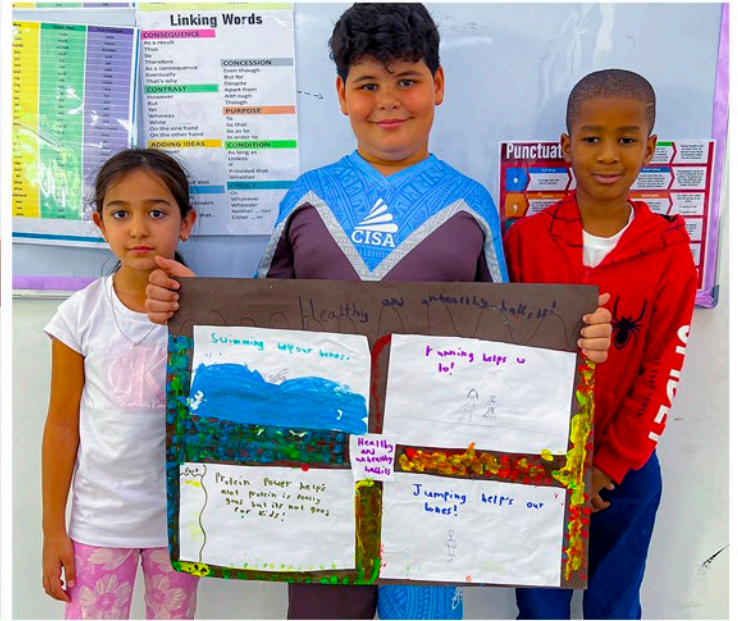
GRADE 4 PRESENTING THE MUSCULAR SYSTEM

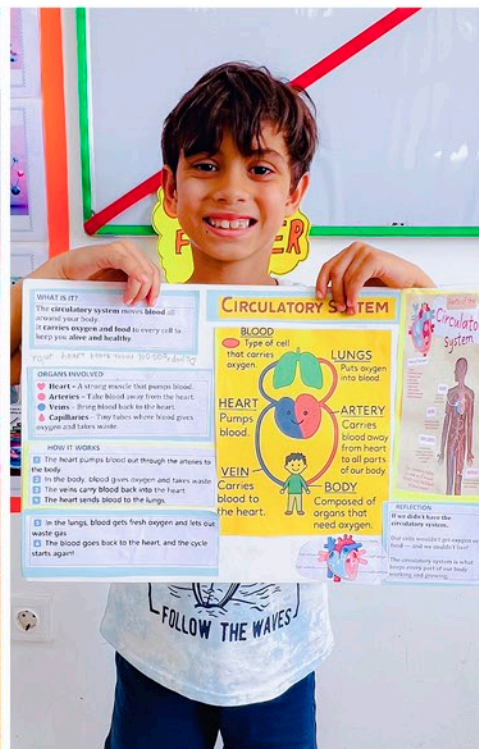
Following their preparation, Grade 4 students proudly presented their completed muscular system projects to the class. Each group explained the major muscles — such as the biceps, triceps, and quadriceps — and described how these work together to enable movement and strength. Their confident presentations showcased not only their scientific understanding but also their collaboration, communication, and creative expression. Through this project, students connected theory with real-life application, developing a deeper appreciation of the human body and the role of healthy habits in keeping it strong. This culminating activity reinforced **SDG 3: Good Health and Well-Being**, highlighting the link between learning and lifelong wellness.





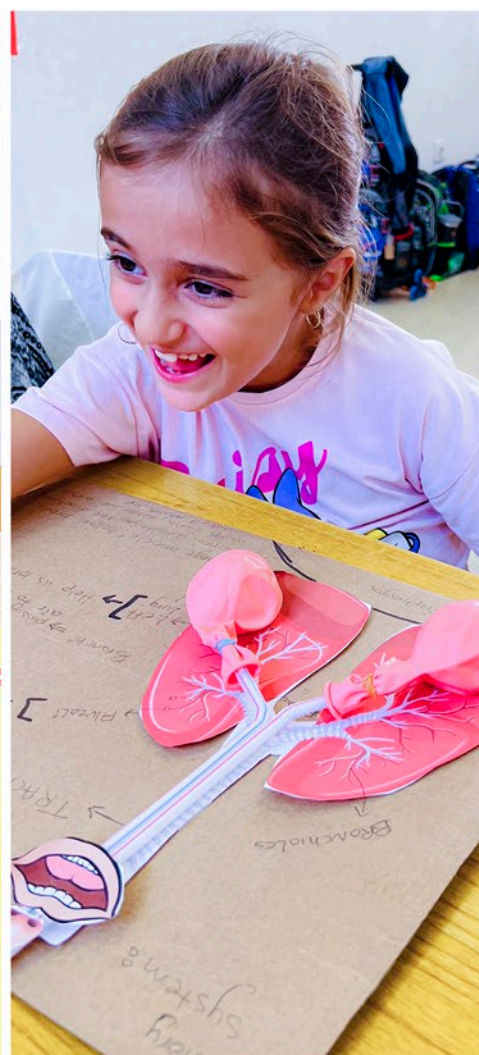


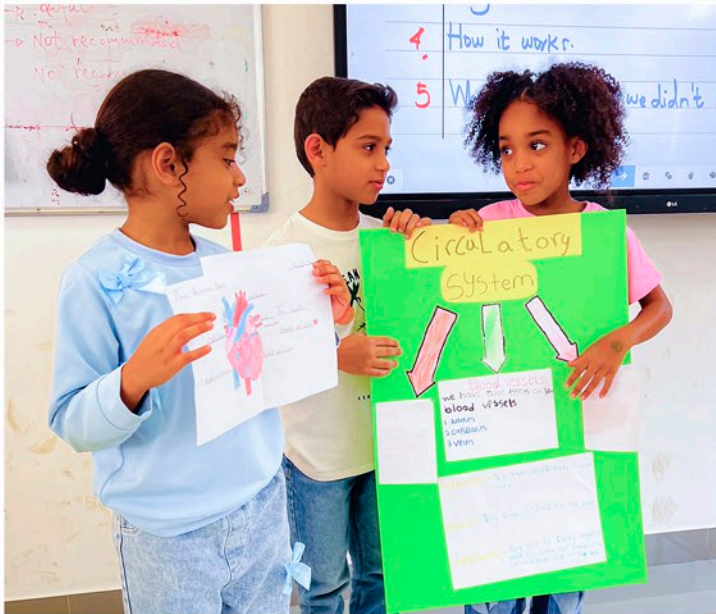
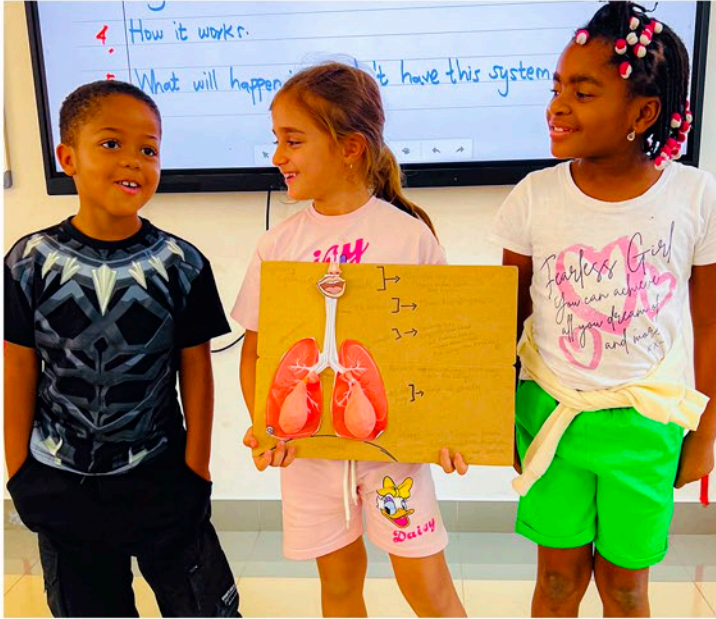




GRADE 4 EXPLORING THE RESPIRATORY SYSTEM

As part of their unit on body systems, Grade 4A and 4B students explored the fascinating **functions of the respiratory system**, learning about its parts, how it works, and how it connects with other systems to keep the body alive and healthy. In groups, students prepared creative projects using colorful cutouts of lungs and airways made from blue and red paper, or constructed box models with arrows to illustrate the exchange of oxygen in the blood. Each group then presented their project to the class, explaining the concept and process of breathing in their own words. This hands-on and collaborative activity **deepened their understanding of how the human body functions** while fostering teamwork, creativity, and confidence in public speaking.



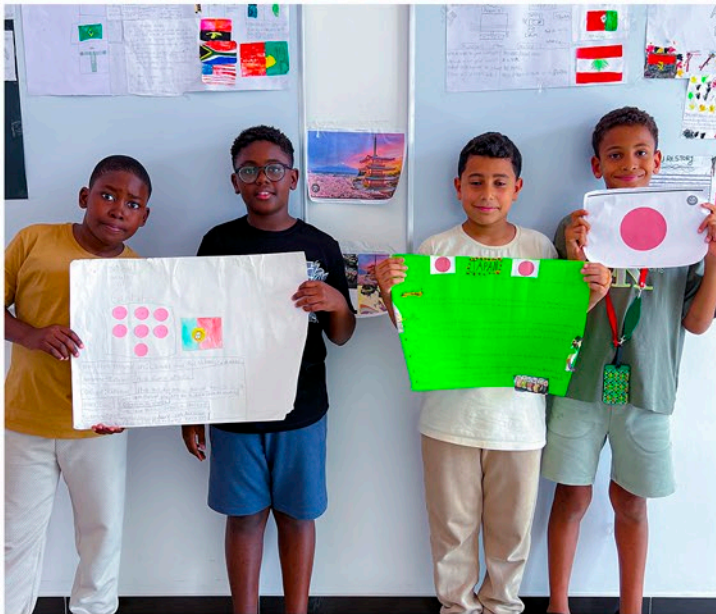




GRADE 5 EXPLORING THE DIVERSITY OF CULTURES

Grade 5 students embarked on an engaging exploration of cultural diversity, learning about different aspects of cultures around the world and focusing in particular on two selected countries. **Working collaboratively, they researched traditions, history, and daily life**, then created visual representations of their findings to share with peers and the school community. Their presentations highlighted the richness and uniqueness of each culture while emphasizing the importance of respecting and appreciating differences. Through this activity, students **deepened their understanding of global diversity, strengthened their communication skills, and celebrated the values of inclusion and open-mindedness.**









GRADE 10 – INVESTIGATING THE HEATING CURVE OF WATER

As part of their unit on the **Particulate Nature of Matter**, Grade 10 Science students conducted a lab practical to **explore the heating curve of water**. After learning about the changes in states of matter and the **Kinetic Molecular Theory**, students applied their knowledge by supplying constant heat to ice and recording temperature changes every 30 seconds until the water reached its boiling point. They then plotted the heating curve based on their observations, strengthening their **understanding of energy transfer and molecular behavior**. This practical experiment encouraged **analytical thinking and scientific inquiry**, giving students a deeper appreciation of how scientific concepts connect to real-world processes.





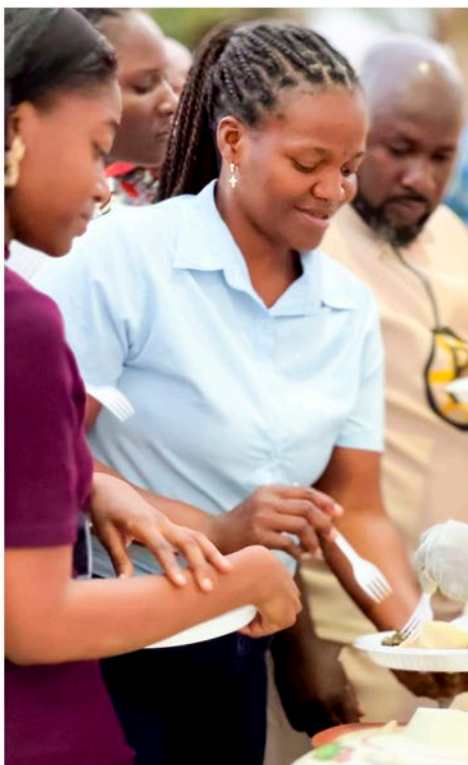
CISA CELEBRATING INTERNATIONAL MUSIC DAY!

On October 10th, CISA celebrated **International Music Day** with a lively gathering at the main entrance. During the final hours of the school day, most classes came together to enjoy a joyful showcase of musical talent. Students performed in groups and as soloists, singing their favorite songs, while others played instruments with confidence and enthusiasm.

The audience cheered, clapped, and even sang along, creating an uplifting atmosphere that highlighted **the power of music to bring our school community together.**

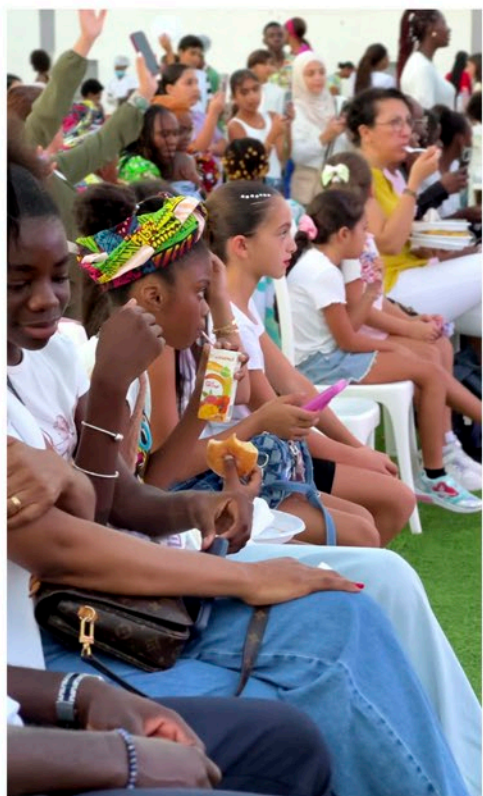


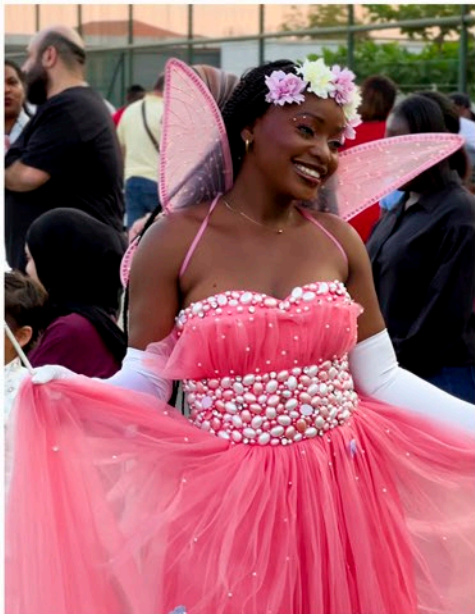


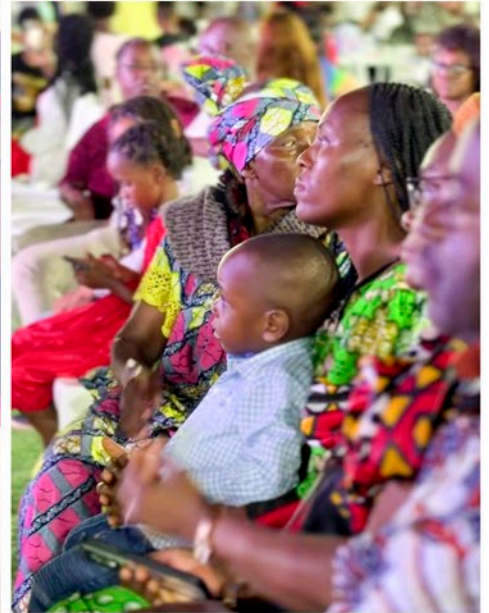


CISA FOOD FESTIVAL 2025

On October 25th, CISA came alive with the vibrant sights, sounds, and flavors of our **October Food Festival**. Parents brought cuisines and **homemade dishes from over 20 different countries**, each prepared with care and love, creating a rich tapestry of global flavors for everyone to enjoy. Music filled the air as students showcased their talents through songs, dances, and performances for the visiting parents, while traditional Angolan dancers mesmerized the audience with authentic African dances throughout the day. **The festival was a joyful celebration of food, culture, and community**, complete with games, performances, and shared laughter. Students, parents, and staff came together to make unforgettable memories, **strengthening the spirit of unity and cultural appreciation that defines CISA.**



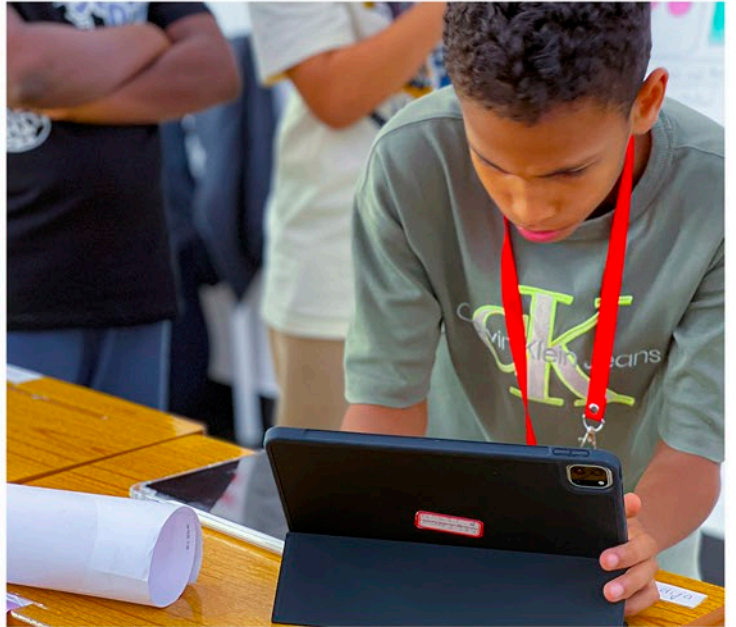








FRAMES OF OCTOBER





OCTOBER BROADCASTS

Food Festival Preparations

Dear Parents,

We're thrilled to announce one of the most anticipated events of the year — the CISA Food Festival, taking place on Saturday, October 25!

This special day is a celebration of culture, community, and cuisine! Families are invited to share a taste of their heritage by bringing a traditional dish, sweets, or any specialty from their country of origin — a wonderful way to showcase and celebrate the incredible diversity that makes CISA so special.

With over 32 nationalities represented at CISA, this festival is a true reflection of our global family!

During this day, we also encourage everyone — students, parents, and staff — to come dressed in their cultural attire to proudly represent their roots.

Parents, students, family friends, and relatives are all welcome to join the celebration!

If you're interested in doing any sort of performance — such as music, dance, or a cultural presentation — be ready! Our stage will be waiting for you.

To participate by bringing food or performing, please contact us and let us know which country you'll be representing and what you'll be contributing:

+244 923 700 900
+244 959 700 900
+244 972 349 653
+244 972 349 652

Come hungry, come proud — and let's make this year's CISA Food Festival a joyful celebration of culture, unity, and community!

Best regards,

Updated Timetable and Breaks for Grades 6–12

Dear Parents,

We would like to inform you of an important update regarding students from Grade 6 to Grade 12.

Updated Timetable & Breaks

Starting this week, students will follow their new timetable, which includes adjusted break times.

These changes have been introduced to:

- Reduce congestion in the lunch hall and cafeteria,
- Ensure a smoother flow of students during break periods,
- Provide a more comfortable and organized environment for all.

The timetables will shortly be uploaded to the student cloud accounts.

If you experience any difficulties accessing the cloud, please visit our administration for assistance.

Best regards,

Food Festival Reminder

Dear Parents,

Just a friendly reminder that our CISA Food Festival is happening this Saturday, October 25, starting at 17:00!

Join us for an evening filled with flavor, music, and culture — as we celebrate the 32 nationalities that make up our incredible CISA community!

If you wish to bring a dish or dessert representing your country, please inform us by calling the numbers below so we can prepare a station for your country.

Date: Saturday, October 25

Time: 17:00

Contact: +244 923 700 900 | +244 959 700 900 | +244 972 349 653 | +244 972 349 652

Let's come together to celebrate culture, unity, and community — the CISA way!

Best regards,

World Mental Health Awareness Day

Dear Parents,

In recognition of World Mental Health Awareness Day, which we will be observing on Friday, October 10, we invite all students to come to school wearing green — the international color symbolizing mental health awareness and wellbeing.

This initiative aims to promote understanding, compassion, and open conversations about the importance of mental health within our school community.

We look forward to seeing our students show their support and solidarity by wearing green on this special day.

Best regards,

Breast Cancer Awareness Day

Dear Parents,

In honor of Breast Cancer Awareness Month, we invite all students to come to school tomorrow wearing pink — a color that symbolizes hope, strength, and support for those affected by breast cancer.

This initiative aims to raise awareness and encourage conversations about health, care, and compassion within our CISA community.

Let's all wear pink and stand together for a great cause!

Best regards,



OCTOBER BROADCASTS

Bracelet Deactivation and Outstanding Fees

Dear Parents,

We would like to inform you that families who have not yet settled the First Trimester and September fees have had their CISA bracelets automatically deactivated. Our Finance Office has already notified these families via email.

We kindly urge parents with outstanding balances to keep their children at home, as students with pending payments will not be allowed entry to CISA until all dues have been cleared.

Additionally, we remind all parents to ensure that their children wear their CISA bracelets when coming to school tomorrow. Students without their bracelet may experience delayed entry due to the need for manual verification at the gate.

We appreciate your understanding and cooperation as we work together to maintain a smooth and secure school entry process.

Best regards,

School Contact Emails

Dear Parents,

We would like to remind you of our dedicated email contacts to help ensure smooth and efficient communication with our school offices:

support@cisaedu.com — for general inquiries, questions, or assistance.

registrar@cisaedu.com — for student registration, documentation (providing missing documents in student's file, medical notes), and student transfers.

shop@cisaedu.com — for CISA Bracelet and catering-related matters.

billing@cisaedu.com — for finance inquiries and proof of payment submissions.

We encourage all parents to use the appropriate email addresses to help us respond to your needs more efficiently.

Best regards,

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Time: 17:00

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Let's come together to celebrate culture, unity, and community — the CISA way!

Best regards,

HPV Vaccination Campaign – Final Registration Reminder

Dear Parents and Guardians,

We would like to inform you that the HPV Vaccination Campaign, organized by the Angolan Ministry of Health, will take place tomorrow, Wednesday, October 29, at CISA.

Please note that today is the final day to complete registration on the Ministry's official platform: www.vacina.gov.ao, under the section "Vacina HPV."

Only students whose names appear on the official list provided by the Ministry will be eligible to receive the vaccine tomorrow. Students who are not registered on the platform will not be vaccinated.

Thank you for your attention and cooperation.

Best regards,

CISA Bracelet Setup and Usage

Dear Parents,

We kindly remind you to ensure that your child has their CISA Bracelet properly set up and activated.

All students must carry their CISA Bracelet with them at all times, as it is essential for:

- Registering daily online attendance
- Making on-campus purchases

If you are still experiencing any difficulties with the setup or activation, please contact us at:

shop@cisaedu.com

Thank you for your cooperation.

Best regards,